

Food Preparation and Nutrition

Year 7/8 Food Preparation and Nutrition (2023-24)						
	Half-term 1	Half-term 2	Half-term 3	Half-term 4	Half-term 5	Half-term 6
Topic	Orientation (Y7) Food Hygiene and Heat Transfer (Y8)	Where food comes from. Pastry and Carbohydrates	Pastry and Carbohydrates	Protein	Fats	Food around the World

Year 7/8 Food Preparation and Nutrition (2024-25)						
	Half-term 1	Half-term 2	Half-term 3	Half-term 4	Half-term 5	Half-term 6
Topic	Orientation (Y7) Food Hygiene and Heat Transfer (Y8)	Celebration cakes	Celebration cakes Health eating	Healthy eating Bread making	Take on the Takeaway	Take on the Takeaway Foods in season

Year 9/10 Food Preparation and Nutrition (2023-24)						
	Half-term 1	Half-term 2	Half-term 3	Half-term 4	Half-term 5	Half-term 6
Topic	Milk and Cheese	Yoghurt, Fats and Oils	Micro-nutrients	Sugar and Science of Food	Introduction to Course Work	Factors Influencing

Year 9/10 Food Preparation and Nutrition (2024-25)						
	Half-term 1	Half-term 2	Half-term 3	Half-term 4	Half-term 5	Half-term 6
Topic	Bread, Cereals, Flour, Potatoes, Oats Rice and Pasta	Bread, Cereals, Flour, Potatoes, Oats, Rice and Pasta. Meat and poultry Heat Transfer and Cooking Methods	Fish, Protein, Calcium and Vitamin D, Eggs	Eggs Meat Free Protein Alternatives Complimentary Proteins Religious Diets Vegetarianism	Making Meals for Special Dietary Requirements	Making Meals for Special Dietary Requirements (Medical)

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Year 11 Food Preparation and Nutrition (2023-24)						
	Half-term 1	Half-term 2	Half-term 3	Half-term 4	Half-term 5	Half-term 6
Topic	Olfactory System Taste Panels Working Characteristics and Functional Properties	NEA1 NEA2 Introduction	NEA2	NEA2 Revision	Revision	Revision

Year 11 Food Preparation and Nutrition (2024-25)						
	Half-term 1	Half-term 2	Half-term 3	Half-term 4	Half-term 5	Half-term 6
Topic	Olfactory System Taste Panels Working Characteristics and Functional Properties Knowledge and Skills for Assessment NEA1	Knowledge and Skills for Assessment NEA1 Introduction to the Knowledge and Skills for Assessment NEA2	Knowledge and Skills for Assessment NEA2	Knowledge and Skills for Assessment NEA2	Revision	Revision